

THE SUNRISE SIGNAL *July 30, 2009*

Rotary Founded February 23, 1905 Club Chartered June 14, 1990

Rotary Monthly Theme: **Literacy**

www.MasonCitySunriseRotary.org

PROGRAMS

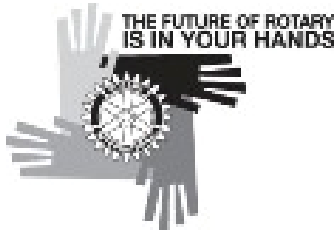
Today – Anita Micich
Supt of Mason City Schools

Aug 06 – Club Auction
Supplements Club Admin Costs

Rotarian(s) of the Month

July – Gary Herrig
Vickie Hornbuckle

Aug -- Lee Olson
John Last



Golf Outing
Rescheduled to August 20th

Pine Creek, \$20, Dinner Included
Dinner Only - \$13

Central Park Flower Garden
Caretakers

Week 7/27 – Vicki Hornbuckle

Week 8/03 Robin Edgar

July Birthdays

2nd Lee Olson
15th Cal Dickson
17th Shelly Schmit
24th John DiMarco
24th Gary Herrig
31st Dennis Burke

WHAT YOU MISSED
IF YOU WERE ABSENT

REMEMBER THE CLUB
AUCTION IS AUG 6TH.
PLAN YOUR ITEM(S) NOW

The board has established a contribution request form that will be used when donations are requested

Dr Mark Johnson, assisted by 10 year old Kylie Peterson spoke about the new Diabetes Center located on the Mercy's West Campus. This "State of the Art" department is unique in that the design was strongly influenced by Dr. Johnson and his staff.

Kylie a type one diabetes patient helped us understand that proper eating habits are essential for her, but also for everyone.

A proper mix of vegetables, grains, milk, fruit, etc are the key to proper nutrition. I think we've heard that before.

Kylie wears an insulin pump that allows her to monitor her insulin levels and provides insulin as required.

At present there is no cure for this disease, so technology advances are important in order to maintain life that includes many activities that we all take for granted.

Kylie's mother Kris was also in attendance, and provided some insight from a mother's perspective.



Kylie & Dr Mark Johnson



Kris Peterson, Kylie's Mother

CLUB LEADERSHIP 2009-2010

President: Bev Eckholt
P E: Scott Tornquist
V P: Mary Markwalter
P. Pres: Gary Herrig
www.rotary.org

Bob Friedrichs: 2010
Dennis Burke: 2010
Jennifer Farwell: 2011
Sec/Treas John DiMarco
www.district5970.org

Lee Olson: 2011
Mike Johnston: 2012
Rich Malinaric: 2012
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