

THE SUNRISE SIGNAL *November 16, 2006*

Rotary Founded February 23, 1905 Club Chartered June 14, 1990

Rotary Monthly Theme: The Rotary Foundation

www.MasonCitySunriseRotary.org

PROGRAMS

Today -- Sunrise Salute Award

Nov 23rd – **Thanksgiving Day**
No Meeting



Rotarian(s) of the Month will:

Give the Classification Talk the first week of the month

- Greet guests and give the prayer for each meeting during the month

Nov – Rose Houser
John Di Marco

Dec – Lynn Ptacek
Jennifer Farwell

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MAKE UP OPPORTUNITIES

MONDAY

Mason City - Noon - Hanford Inn
Charles City - Noon – Uptown Cafe
Algona - Noon - Algona Country Club

TUESDAY

Forest City-Noon-Waldorf
Garner-Noon-Matt's Place
Osage-Noon-Masonic Lodge

WEDNESDAY

Hampton - Noon – Godfathers

THURSDAY Clear Lake-Noon Holiday

Motor Lodge

WHAT YOU MISSED IF YOU WERE ABSENT

Noon Rotarian, Pam Little was joined by Jennifer Kammeyer to discuss the serious problem of suicide.

Drawing on her personal and professional experiences, Pam gave us several signs of potential suicide tendencies. Withdrawal, Moodiness, Personality Changes, Threatening Statements, Unusual Gift Giving, Aggression (doing high risk things).

Those left behind struggle with the thoughts of “What did I miss”?

Working with several North Iowa organizations, The United Way of North Iowa is sponsoring a Conference November 18th that will allow participants to be part of a national teleconference that day.

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Pam Little



Jennifer Kammeyer

UPCOMING EVENTS

The date for next years' Rotary Basketball Tournament has now been set. Lock in **January 20th**, as all members will be expected to help on that day.

Be sure to sign up for Salvation Army Bell Ringing. Rich has again gotten us inside Southbridge Mall, so no weather issues!!

CLUB LEADERSHIP 2006-2007

President: Paula Zimmerman
P E: Vicki Hornbuckle
V P: Gary Herring
Sec/Treas: Bob Friedrichs

Past Pres: Dennis Burke
Sue Followwill: 2008
Lynn Ptacek: 2008
Bev Eckholt: 2008

Gerry McKervery: 2009
Diane Horning: 2009
Jennifer Farwell: 2009

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