

# THE SUNRISE SIGNAL *November 29, 2007*

Rotary Founded February 23, 1905 Club Chartered June 14, 1990

Rotary Monthly Theme: The Rotary Foundation

[www.MasonCitySunriseRotary.org](http://www.MasonCitySunriseRotary.org)

## PROGRAMS

Today – Doyle Monsma  
Partnership to Fight Chronic Disease

Dec 6th – Glenys Schloemer  
Southbridge Mall Manager

**Please note our club earned \$235 for  
selling Younkers Coupon Books.  
Thank you Ruth for taking charge of  
this Club Fund Raiser**

Rotarian(s) of the Month will:

Give the Classification Talk the first  
week of the month

- Greet guests and give the prayer  
for each meeting during the  
month

Nov – Scott Greening  
Gary Herrig

Dec – Rich Malinaric  
Shelly Schmit

Upcoming events

Bell Ringing: – 9 AM to 9 PM

Dec 6  
Dec 18

Sign up often

## *WHAT YOU MISSED*



Emily Pappas

***Emily Pappas***, MCHS Sophomore student has been selected to attend a National Youth Leadership Conference to be held in Washington D C

She is still in need of funds to cover her expenses. Stay tuned for further information from our club leadership.

***GINGER HOOD*** presented our program that discussed various Care Giver Support Groups.

We learned that we either are care givers now or likely will be in the future.

The physical wear on care givers can cause serious illness, making the care giver useless to the person being cared for.

Care givers can feel guilty because they are not able to do

everything people think they should.

Ginger suggested the care giver take care of themselves first, so they will be able to help the person in their life needing assistance.

The Care Giver Support Group is a time that people can be away from the stress of the home situation, and spend time with others who are in the same situation and can understand the issues facing each other.

Ginger urged care givers to ask for help if needed. Don't feel this is an admission of failure to do so.



Ginger Hood

**December Birthday-Ruth Miller**

### CLUB LEADERSHIP 2007-2008

President: Vicki Hornbuckle  
P E: Gary Herrig  
V P: Alan Steckman  
Sec/Treas: John DiMarco

Past Pres Paula Zimmerman  
Sue Followwill: 2008  
Lynn Ptacek: 2008  
Bev Eckholt: 2008

Gerry McKervey: 2009  
Diane Horning: 2009  
Jennifer Farwell: 2009

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